

Suncoast Communities Blood Bank
Sarasota, FL

Informed Consent for Blood Donation
Sarasota County Public Schools

High school donors now contribute a significant and increasing proportion of the blood donations at blood centers in the United States. Your child has expressed an interest in donating blood at school this year, and we thank you for supporting our effort to recruit the next generation of blood donors. Studies have shown that blood donation by young donors is a safe and easy process. The vast majority of blood donations are uncomplicated, with no side effects or discomfort. By utilizing a few simple techniques, we are able to further enhance the donation experience for young donors and help to minimize reactions.

It is important for young donors to eat a nutritious breakfast before donating. It has also been shown that young donors have a better donation experience when they are well-hydrated. We offer and encourage our young donors to drink a bottle of water just prior to donating. We also have a refreshment canteen where donors can rest after donation and receive snacks and fluids. We encourage them to remain in the rest area at least 10 minutes after donation, where we have trained personnel in attendance at all times.

Various tests are performed on the blood donated by every donor. State law requires your child's permission to release any test results to the parents or legal guardian. Therefore, in addition to your signature, we ask that your child sign the consent form below, giving us permission to allow this communication. Please contact the Blood Bank at 954-1600 x 1037 if you have any further questions.

FDA guidelines require that a blood donor to be healthy on the day of donation and weigh at least 110 lb. Sarasota County public schools require that a blood donor must be at least 17 years old and have signed parental consent.

This form must be turned in to blood bank staff at time of first donation.

Minor Child's Name (please print): _____ **School** _____

I understand that voluntary blood drives will be held at my student's school on several dates during this school year. I acknowledge that I have read and understand the information provided in the **General Information about Blood Donation** (opposite side), and I authorize my minor child listed above to donate blood in the current school year.

I understand that Florida law provides that there shall be no liability for civil damages as a result of blood donation where the person performing the procedure acts as an ordinary, reasonable, and prudent person would act under the same or similar circumstances.

Signature of Parent or Legal Guardian

Date

I agree to allow Suncoast Communities Blood Bank to use my student's photo in printed and multimedia materials for promotional use, and I further release the blood bank from any obligation to pay for the use of this photo.

Signature of Parent or Legal Guardian

Date

I confirm that the consent given based on the signature above is that of my parent or other legal guardian. I hereby give permission to allow communication of any test results to my parent or legal guardian (signature on consent above), and I hereby release Suncoast Communities Blood Bank from any liability regarding the release of said information.

Signature of Donor

Date

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General Information about Blood Donation

Volunteer blood donations are a key element to modern medical care. Blood donations unite people from all walks of life and represent an important civic duty. They are a vital part of therapy for trauma, cancer, surgeries, and other conditions. Healthy blood donors, as the only source of this lifesaving service, perform an irreplaceable act of care for friends, family, acquaintances and strangers requiring transfusion.

Donating blood involves risks and potential complications as well as the communication of confidential information.

Blood Donor Suitability

The blood bank makes a determination as to the suitability of all blood donors based on a physical examination, donor interview, and disease testing. During the donor interview, sensitive and personal information is obtained from the donor. These questions include questions about the donor's medical condition, health status, and exposure to infectious diseases. It is important that questions be answered fully and truthfully.

Adverse Reactions to Donating Blood

While the blood donation process is normally a pleasant experience, it is possible that short-term side effects can occur such as dizziness, skin irritation, bruising, or fainting. Although remote, it is also possible that bruising around the vein, an infection, or nerve damage can develop during or after phlebotomy, which is the process of drawing the blood. On rare occasions, more severe reactions can occur with more serious and long-term complications.

Donor reactions can be reduced by eating a healthy breakfast and drinking plenty of fluids prior to donating.

Testing of Donated Blood

Donated blood will undergo testing for viral agents and diseases including but not limited to HIV and hepatitis C. Abnormal test results will be reported to the donor. This information is confidential and will not be disclosed to anyone unless specifically authorized by the donor or required by law. A positive test result for an infectious disease may be reported to the state health department or as otherwise required by law, where exposure to others may be involved.

Confidentiality of Donor Information

The medical and personal information and results of testing will be held by the blood bank in strict confidence and will not be disclosed to anyone without the donor's consent, unless otherwise required by law. For example, for blood donors who are minors, positive disease screening results will be reported to the donor and to the donor's parent or legal guardian.